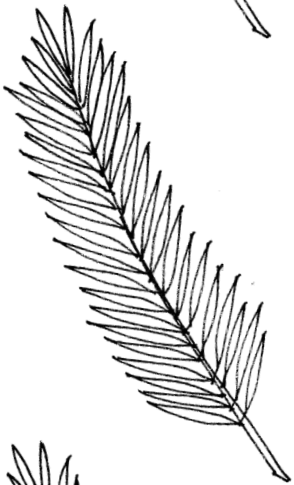
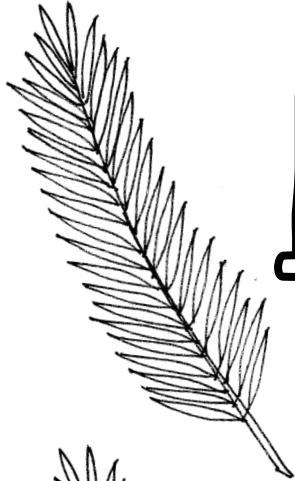


MY HOLY

WEEK

JOURNAL



NAME \_\_\_\_\_ YEAR \_\_\_\_\_

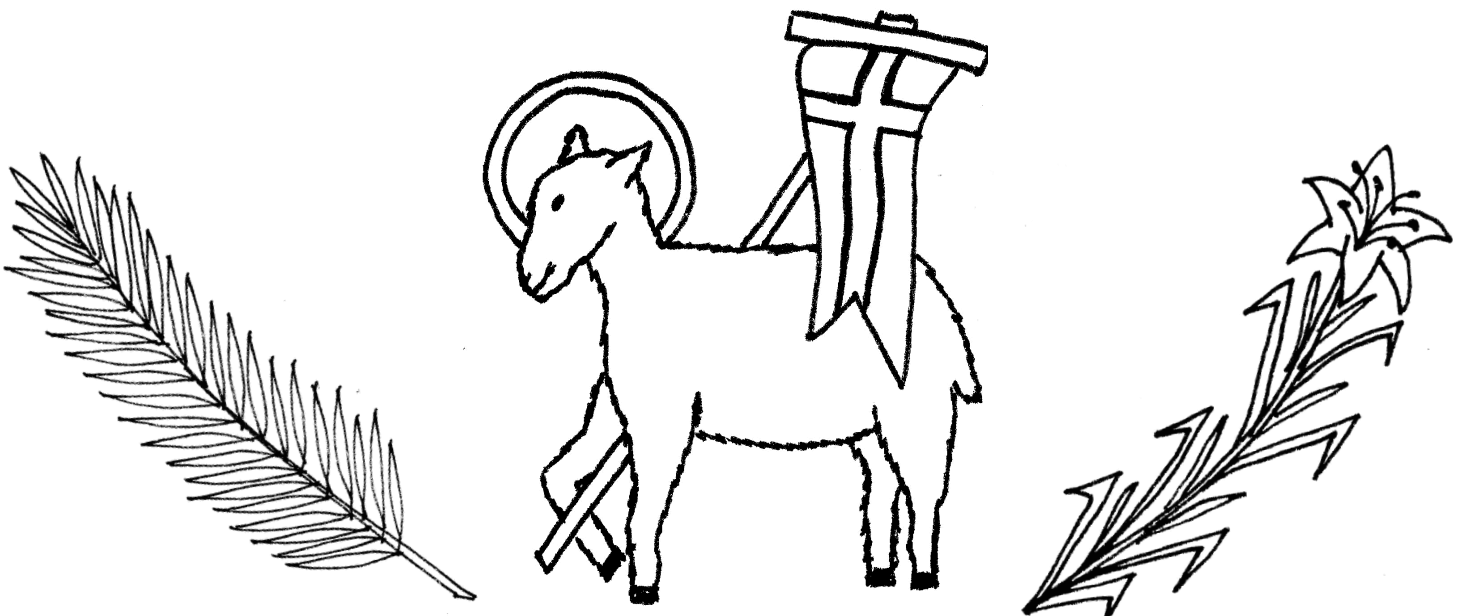
# IDEAS FOR USING YOUR HOLY WEEK JOURNAL

## ON THE LINED PAGES:

- COPY YOUR FAVORITE VERSE FROM THE BIBLE
- WRITE A REFLECTION ON THE GOSPEL
- TAKE NOTES DURING THE HOMILY AT MASS
- MAKE A LIST OF VIRTUES YOU SEE LIVED OUT IN THIS GOSPEL STORY
- WRITE YOUR OWN PRAYER
- JOURNAL USING THE STEPS OF LECTIO DIVINA:
  - LECTIO
  - MEDITATIO
  - ORATIO
  - CONTEMPLATIO

## ON THE BLANK PAGES:

- DRAW A PICTURE OF THE EVENTS THAT TAKE PLACE IN THIS GOSPEL STORY
- WRITE YOUR FAVORITE BIBLE VERSE IN FANCY HANDWRITING
- FOLLOW THE DRAWING PROMPT ON THE BOTTOM OF EACH PAGE
- DRAW A SYMBOL REPRESENTING THAT DAY OF HOLY WEEK
- CREATE A BANNER TO HANG UP IN YOUR HOME FOR HOLY WEEK
- DESIGN A STAINED GLASS WINDOW



# PALM SUNDAY

GOSPEL OF THE DAY: MATTHEW 21:1-11

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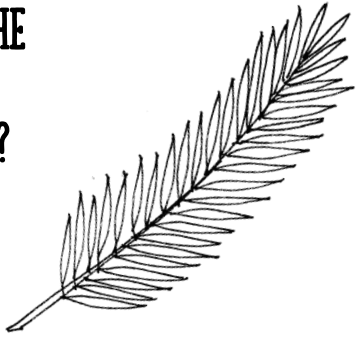
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JESUS WAS WELCOMED INTO JERUSALEM WITH CRIES OF "HOSANNA TO THE SON OF DAVID; BLESSED IS HE WHO COMES IN THE NAME OF THE LORD; HOSANNA IN THE HIGHEST." WHAT WORDS DO YOU USE TO PRAISE JESUS?

USE THE BACK OF THIS PAGE TO DRAW JESUS ENTERING JERUSALEM.



# MONDAY OF HOLY WEEK

**GOSPEL OF THE DAY: JOHN 12:1-11**

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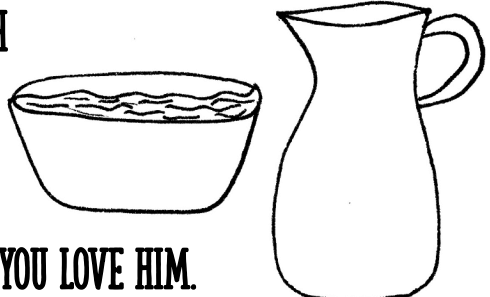
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**TODAY WE READ THAT MARY OF BETHANY ANOINTED JESUS' FEET WITH FRAGRANT OIL. THIS WAS A BEAUTIFUL ACT OF WORSHIP, SHOWING THAT MARY LOVED JESUS AND BELIEVED HE WAS THE MESSIAH.**



**USE THE BACK OF THIS PAGE DRAW A PICTURE OF WAYS YOU SHOW JESUS YOU LOVE HIM.**

# TUESDAY OF HOLY WEEK

GOSPEL OF THE DAY: JOHN 13:31-38

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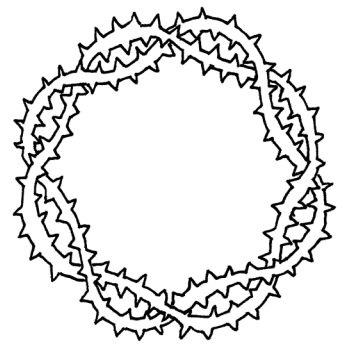
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WE READ TODAY ABOUT HOW JESUS PREDICTED THAT PETER WOULD DENY HIM THREE TIMES. ON GOOD FRIDAY, THIS HAPPENED AS JESUS SAID IT WOULD. BUT AFTER HIS RESURRECTION, PETER RAN TO JESUS FOR FORGIVENESS AND TOLD JESUS THAT HE LOVED HIM THREE TIMES, ONCE FOR EACH OF HIS DENIALS.



USE THE BACK TO DRAW SACRIFICES YOU CAN MAKE FOR THOSE YOU LOVE.

# SPY WEDNESDAY

**GOSPEL OF THE DAY: MATTHEW 26:14-25**

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**JUDAS BETRAYED JESUS FOR 30 PIECES OF SILVER.  
TAKE SOME TIME TODAY TO REFLECT ON WAYS YOU HAVE HURT GOD AND  
OTHERS. RESOLVE TO GO TO CONFESSION AS SOON AS YOU ARE ABLE.**

**USE THE BACK OF THIS PAGE TO DRAW A REFLECTION ON LENT THIS YEAR.**



# HOLY THURSDAY

GOSPEL OF THE DAY: JOHN 13:1-15

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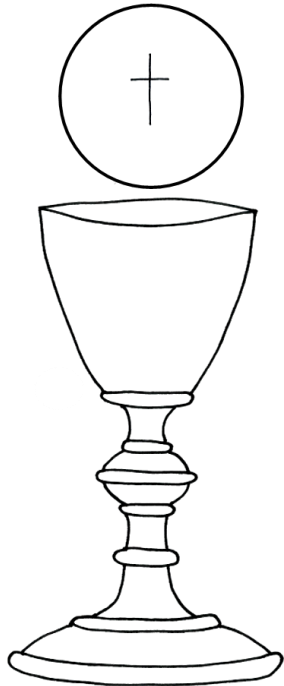
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AT THE LAST SUPPER, JESUS GATHERED WITH HIS APOSTLES AND GAVE THEM THE GIFT OF THE EUCHARIST. WE RECEIVE THIS SAME GIFT AT EVERY MASS. LET'S PRAY THAT WE WILL OPEN OUR EYES, MINDS, AND HEARTS TO TRULY SEE JESUS PRESENT IN THIS SACRAMENT: BODY, BLOOD, SOUL, AND DIVINITY.

USE THE BACK OF THIS PAGE TO DRAW A PICTURE OF THE LAST SUPPER.

# GOOD FRIDAY

GOSPEL OF THE DAY: JOHN 19:16-42

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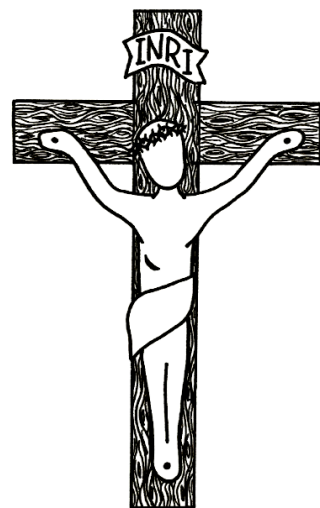
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TODAY WE REMEMBER THE WORST THING THAT HAS EVER HAPPENED, THE DEATH OF JESUS ON THE CROSS. SO WHY IS IT CALLED "GOOD" FRIDAY? THIS DAY IS NAMED GOOD FRIDAY BECAUSE IT IS ALSO THE BEST THING THAT HAS EVER HAPPENED. JESUS' DEATH FREES US FROM SIN AND ALLOWS US TO BE WELCOMED INTO HEAVEN.



USE THE BACK OF THIS PAGE TO DRAW THE SCENE OF THE CRUCIFIXION.



# HOLY SATURDAY

GOSPEL OF THE DAY: MATTHEW 28:1-10

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TONIGHT AT THE EASTER VIGIL, THE NEW PASCHAL CANDLE IS BLESSED AND LIT. THIS CANDLE WILL REMIND US ALL YEAR THAT JESUS CHRIST, WHO HAS RISEN FROM THE DEAD, IS THE LIGHT OF THE WORLD!

USE THE BACK OF THIS PAGE TO DRAW YOUR OWN PASCHAL CANDLE.



